



## 13 month old Infant Sample Lesson Plan

Theme: Nursery Rhymes Month: March Age: **13 mos**

### Goals

- \* Walking
- \* Using Spoon & Cup
- \* Saying All Done

### Motor Skills

**Gross Motor:** Act Out Humpty (fall off cushion & get up); Jumping over Candlestick w/ Help; "Row Your Boat" with Actions

**Fine Motor:** Itsy Spider w/actions, Put Eggs in Basket, Little Ms. Muffet while eating cereal w/spoon, Place & Pull Velcro Flowers

### Language Development

**Sign Language:** New: "All Done"

Review: "More, Eat, Milk, Please & Thank you"

**Verbal:** Nursery Rhymes w/ Flannel Boards (Repeat words); Saying, "All Done"; Repeating Flower Color Names

**Listening:** Nursery Rhyme Big Book; Nursery Rhyme Tape Stories,

### Sensory & Art:

\* Decorate Egg with Bingo Dotters \* Cotton Ball Sheep

\* Crawling through Paint \* Finger Paint

\* Cotton Balls in Sensory Table \* Play-dough

**Creative Play:** \* Nursery Rhyme Puppets \* Pots & Pans



## 4 month old Infant Sample Lesson Plan

Theme: Nursery Rhymes Month: March Age: **4 mos**

### Goals

- \* Holding Bottle
- \* Sitting Up
- \*

### Motor Skills

**Gross Motor:** Tummy Time w/ toys in reach, "Row Your Boat" with actions

**Fine Motor:** Grasping Rattles, Reach & Grasp Plastic Flowers

### Language Development

**Sign Language:** "Eat"

**Verbal:** Face to face letter sounds, Talk to infant and respond to their "talking", Imitate animal sounds to infant

**Listening:** Nursery Rhyme Big Book; Mary's Lamb, Nursery Rhyme Sing Along CD, On Mother's Lap

### Sensory & Art:

\* Crawling through Paint \* Finger Paint

\* Whipped Cream Sensory Play \* Pom Pom Sensory Play

**Creative Play:** \* Nursery Rhyme Puppets \* Pots & Pans